



Short communication: Occurrence of methicillin-resistant *Staphylococcus aureus* and coagulase-negative staphylococci in dairy goat herds in Ohio, United States

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ABSTRACT

In light of the scarcity of information about the occurrence and epidemiology of methicillin-resistant *Staphylococcus aureus* (MRSA) and coagulase-negative staphylococci (MRCNS) in small ruminants in general, and particularly dairy goats, we launched this limited-scope study. The findings reported here show the detection of MRSA and MRCNS in goat milk and teat skin samples from dairy goat herds in the state of Ohio. A total of 120 milk samples and 120 teat-swab samples were collected from 5 farms. After conventional isolation and phenotypic characterization of the staphylococci colonies, bacterial isolates were tested by PCR assay targeting the genes *nuc* to identify *Staphylococcus aureus* and *mecA* to detect MRSA and MRCNS. The clonal complexes of MRSA isolates was also determined by multilocus sequence typing. Fifteen (6.2%) positive *S. aureus* samples were found in this study: 9 from milk and 6 from teat skin samples. Four (2%) MRSA isolates were detected and, using multilocus sequence typing genotyping, these were designated to clonal complexes CC133 ($n = 2$; milk samples) and CC5 ($n = 2$; teat skin). Three (1.25%) coagulase-negative staphylococci isolates from the teat skin also harbored the *mecA* gene. Although, the MRSA isolated from milk samples is not a typical human-associated lineage, the CC5 clone isolated from teat skin is a common and widespread clonal complex associated with humans, suggesting that this extramammary niche could be a relevant reservoir of methicillin-resistant staphylococci. Furthermore, the fact that 75% of MRSA were recovered from 1 farm showing poor hygiene practices strengthens the hypothesis that good hygiene practices could be useful to prevent persistence and spread of MRSA at a farm level.

Key words: livestock-associated methicillin-resistant staphylococci, MLST, dairy goat

Short Communication

Mastitis is the most costly disease in dairy goat production (Persson and Olofsson, 2011; Zhao et al., 2015). Among mastitis pathogens, CNS are the most common cause of IMI in dairy goats, followed by *Staphylococcus aureus* (Bergonier et al., 2003; Zhao et al., 2015). The infected mammary gland is the primary reservoir of staphylococci in ruminants; however, it can be isolated from extramammary sites, such as the teat skin, which may contribute to the spread of staphylococci in dairy goat herds (Bergonier et al., 2003; Mørk et al., 2010).

The importance of staphylococci in dairy goat herds is not only limited to animal production, but is also a relevant to public health. For instance, staphylococci resistance to antimicrobial drugs has been observed in several studies (França et al., 2012; Eriksson et al., 2013; Cortimiglia et al., 2015). Likewise, the importance of antimicrobial resistance of *Staph. aureus* was recently highlighted by the World Health Organization (WHO), as this pathogen is regarded among the priority pathogens that pose the greatest threat to human health in terms of growing global resistance to antimicrobial agents (WHO, 2017). A special public health concern is the potential risk of transmission of methicillin-resistant *Staph. aureus* (MRSA) and CNS (MRCNS) to humans (van Rijen et al., 2008; Pantosti, 2012; Larsen et al., 2016).

The potential for zoonotic transmission of staphylococci between livestock, companion animals, and humans (van Rijen et al., 2008; Pantosti, 2012; Larsen et al., 2016) has been exemplified by the emergence of MRSA ST398 (Neyra et al., 2014). Thus, accurate and rapid detection and typing of *Staph. aureus* is crucial to a better understanding of the *Staph. aureus* epidemiology and control this infectious organism among animal

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production systems. Conversely, scarce information exists about the occurrence of MRSA and MRCNS and their epidemiology in dairy goat herds. To the best of our knowledge, ours is the first report on the detection of MRSA and MRCNS isolated from milk and teat skin samples from US dairy goat herds. Furthermore, MRSA isolates were characterized by a molecular typing method to better understand the implications of the isolates to public health.

Farms were selected based on the Ohio State University database (Infectious Diseases and Molecular Epidemiology Laboratory Database). Farmers were invited to join the study by email, 5 farms agreed to join the experiment, and visits were scheduled. Teat swabs and milk samplings were collected from a random subset of 120 lactating dairy goats during the milking routine procedures on each farm. All farms were located in a radius of 200 miles from Columbus, Ohio, and had Nubian, Toggenburg, and Saanen breeds as base of their herds. Dairy products were the primary activity in 3 of the farms, and 4 of them participated in fairs and expositions. A description of the number of animals sampled, routine milking practices of each farm, and type of parlor is shown in the Table 1.

Teat surface samplings were performed by rubbing a sterile moistened swab onto each teat and transferring them into a sterile tube containing 5 mL of Müller-Hinton broth (BBL Mueller Hinton Broth, Heidelberg, Germany) with 6.5% NaCl. Afterward, the teat ends were scrubbed with cotton containing 70% ethanol and composite milk samples from both halves were aseptically collected into 10-mL sterile vials after discarding the first 3 milk streams. One hundred twenty animals were sampled and milk samples were kept under refrigeration conditions for transportation until processing at the laboratory.

Teat swab samples were initially incubated at 37°C for 12 h and then streaked onto mannitol salt agar (MSA; BD, Heidelberg, Germany) and Oxacillin Resistant Screen Agar (BD) in parallel and incubated at 37°C for 12 h. Homogeneous colonies that were circular, pinhead, convex with entire margins, and light yellow were selected. These colonies were streaked onto

Müller-Hinton agar plates (BD Mueller Hinton II Agar, Heidelberg, Germany) and incubated for 24 h at 37°C for further identification. Additionally, these colonies were also streaked onto Oxacillin Resistant Screen Agar (BD) and incubated at 37°C for 24 h. Growth was identified and results were recorded. Catalase-positive colonies were tested by coagulase production by means of a commercial kit (BBL Coagulase Plasma, BD). For DNA extraction, a commercial kit (Qiagen DNeasy Blood and Tissue kit, Qiagen, Valencia, CA) was used according to the manufacturer's protocol (DNeasy Blood & Tissue Handbook; <https://www.qiagen.com>).

Bacterial isolates were tested by PCR assay targeting the genes *nuc* to identify *Staph. aureus* and *mecA* to detect MRSA and MRCNS. Briefly, 1 µL of DNA template was added to a 24-µL master mix using a commercial kit (Illustra PuReTaq Ready-To-Go PCR beads, GE Healthcare, Little Chalfont, UK) with primer sequences and under PCR conditions listed in Table 2. Electrophoresis of PCR products was performed on 1% agarose gel stained with ethidium bromide. The DNA fragments were visualized in a UV transilluminator and photographed.

Sequencing analysis of the MRSA isolates was performed regarding 7 housekeeping genes (*arcC*, *aroE*, *glpF*, *gmk*, *pta*, *tpi*, *yqiL*), as previously described by Enright et al. (2000). Based on the sequence analysis, multilocus sequence typing (MLST) was determined by analyzing the allelic profiles using the MLST database (<http://saureus.mlst.net/>) and the identification of sequence types.

Out of 120 teat swabs samples, 53 (44%) and 5 (4%) bacterial isolates were recovered by MSA and oxacillin screen agar, respectively. Among the 120 milk samples, 12 (10%) and 2 (2%) isolates grew in MSA and oxacillin screen agar, respectively. All samples with growth on MSA plates were tested for coagulase and catalase. Among those, 9 samples (14%) from milk and 6 samples (94%) from teat skin samples were phenotypically identified as coagulase-positive. Those 15 (64%) coagulase-positive staphylococci were further confirmed as *Staph. aureus* by PCR, and 4 (2%) were confirmed as MRSA by testing the *mecA* gene. Three (1%) CNS

Table 1. Characteristics of farms enrolled in the study, with description of number of animals sampled per farm, type of milking parlor, and milking routine procedures

Farm	Number of animals sampled	Type of milking parlor	Teat dipping
Farm A	48	Parallel milking parlor	Not used
Farm B	22	Manual milking	Pre- and postdipping
Farm C	15	Milking machine	Pre- and postdipping
Farm D	20	Milking machine	Pre- and postdipping
Farm E	15	Manual milking	Postdipping

Table 2. Primers and cycling conditions used to identify *Staphylococcus aureus* and methicillin-resistant staphylococci

Primer	Primer sequence (5'-3')	Amplicon size (bp)	PCR conditions		
			Denaturation	Annealing	Extension
<i>nuc 1</i> ¹	TCAGCAAATGCATCACAAACAG	279	94°C for 1 min	55°C for 0.5 min	72°C for 1.5 min
<i>nuc 2</i> ¹	CGTAAATGCACTTGCTTCAGG				
<i>mecA</i> , forward ²	GGGATCATAGCGTCATTATTC	533	94°C for 3 min	50°C for 1 min	72°C for 1 min
<i>mecA</i> , reverse ²	AACGATTGTGACACGATAGCC				

¹Ciftci et al. (2009).²Del Vecchio et al. (1995).

isolates from the teat skin carrying the *mecA* gene were also detected. Among the 4 MRSA-positive samples, 3 (75%) were recovered from farm A and 1 (25%) from farm E. The frequencies of staphylococcal detection are shown in Table 3.

Furthermore, MRSA strains were typed by MLST to determine their clonal complex (CC). Two MRSA were isolated from the milk samples were assigned to CC133 (6-66-46-2-7-50-18), whereas the other 2 originating from the teat skin were assigned to CC5 (1-4-1-4-12-1-10).

To the best of our knowledge, the current study is the first investigating the presence of MRSA and MRCNS in dairy goat herds in the United States. Evidence exists that CC133 *Staph. aureus* evolved as the result of a human to ruminant host jump followed by adaptive genome diversification (Guinane et al., 2010). Therefore, the MRSA isolates from goat milk in the present study can be considered a ruminant-specific genotype (Guinane et al., 2010; Eriksson et al., 2013; Merz et al., 2016).

On the other hand, the MRSA isolates from teat skin diverge from those isolated from milk samples. Interestingly, teat skin MRSA strains belonged to CC5, which is a common and widespread clonal complex associated with hospital-associated and community-associated MRSA (Rodríguez-Noriega et al., 2010; Monecke et al., 2011). Thus, we hypothesized that the close contact of humans to the teat skin during milking practices

favoured the colonization of the teat skin with this clonal complex, and may be a relevant reservoir of MRSA. Furthermore, it has been suggested that CC5 clone isolates can carry many virulence-associated genes that may favor its persistence and spread (Monecke et al., 2011).

It has been demonstrated that hygiene measures in dairy goat production are effective in reducing *Staph. aureus*-associated IMI and thus improving milk quality (Contreras et al., 2007). In the current study, 75% of the MRSA isolates were detected in farm A. This farm was shown to have poor sanitary practices (i.e., neither pre- nor postdipping usage), which could favor animal health problems such as mastitis. Moreover, all MRCNS were isolated from the teat skin, which have important implications to human health. Several reports suggested the transfer of methicillin resistance of CNS to methicillin-susceptible *Staph. aureus* (Barbier et al., 2010; Tsubakishita et al., 2010). Considering the findings of our study, milking routine may also influence the persistence of MRSA and MRCNS in the herd and consequently have implications to public health. Although MRSA and MRCNS in milk can be considered a minor food safety issue due to pasteurization, consumption of raw milk or cheese made of unpasteurized milk by the general population, dairy producers, and their families might be an important vehicle of transmission of zoonotic bacteria. Furthermore, the potential role of foods as reservoirs of antimicrobial resistance genes that can

Table 3. Frequencies of *Staphylococcus aureus*, CNS, methicillin-resistant *Staphylococcus aureus* (MRSA), and methicillin-resistant CNS (MRCNS) isolated from milk (n = 120) and teat skin (TSK; n = 120) samples based on growth on mannitol salt agar distributed per farm

Item	<i>Staph. aureus</i>		MRSA		CNS		MRCNS	
	Milk	TSK	Milk	TSK	Milk	TSK	Milk	TSK
Farm								
A	5	4	1	1	0	19	0	3
B	0	0	0	0	2	12	0	0
C	0	0	0	0	0	4	0	0
D	1	1	0	0	0	7	0	0
E	3	2	1	1	1	5	0	0
Total	9 (7.5%)	7 (6%)	2 (2%)	2 (2%)	3 (2.5%)	47 (39%)	0 (0%)	3 (2.5%)
Overall	15 (6%)		4 (2%)		50 (21%)		3 (1%)	

be transferred to other bacteria cannot be neglected. In summary, our study indicates that MRSA belonging to CC133 can be associated with IMI in goat herds in the United States, and the identification of MRSA CC5 in teat swabs is of special concern considering its relevance to humans. Last, although a limited number of farms were sampled, the fact that most MRSA isolates (75%) originated from 1 farm with poor hygiene practices indicates the necessity of understanding potential risk factors for occurrence of MRSA and MRCNS in goat dairy farms. Moreover, further studies are required to investigate the role of MRSA and MRCNS as a cause of contagious subclinical IMI.

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